



Issue 194 September 2024

PSS E-BULLETIN

To maximise the contribution of Pharmacists to the healthcare of Singaporeans

Look out for an exciting month ahead!

MONTH

YEAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 SEP Pharmacy Week Health Carnival						5 OCT Singapore Pharmacy Congress
6 OCT Singapore Pharmacy Congress						

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PSS HIGHLIGHTS

PHARMACY WEEK 2024
Just Ask! Know Your Medicines!

Sunday, 29 September 2024
10.00AM - 2.30PM

Heartbeat@Bedok
11 Bedok North St 1 (S)469662

What is Omega-3 used for?
Am I at risk for heart disease?
How do I tell if it's FAKE NEWS?

Emcees
www.vintageradio.sg
Brian Richmond
Patrick 郭貴華

INTERACTIVE GAME BOOTHS

- DISPOSE WITH CARE
- PILL SORTING RACE
- WHAT'S IN YOUR FOOD?
- KNOW YOUR SUPPLEMENTS
- MINI PHARMACY COUNTER
- BEATS THE HIGHS

PROGRAMME TIMELINE

- 10:00 Registration
- 11:00 Daily dose of sunshine: Strategies for Mental Well-being
Ms. Joy Chong (Senior Principal Clinical Pharmacist, Watson's Personal Care Stores Pte Ltd)
- 11:40 Vaccinate, don't procrastinate!
Mr. Tan Jun Jie (Antimicrobial Stewardship Unit (ASU) Pharmacist, Singapore General Hospital)
- 12:10 Lucky Draw (Round 1)
- 12:20 8 Enablers to Beat the Big 5: How to keep your heart and brain healthy
Dr. Wee Xue Ting (CEO/Founder of iRx Clinical Pharmacy, Cardiology Specialist Pharmacist)
- 13:00 Welcome Address
Dr. Vivianne Shih (PSS President)
- 13:10 Guest-of-Honour Address
Mr. Tan Kiat How (Senior Minister of State for Ministry of Digital Development and Information; & Ministry of National Development; Adviser to East Coast Grassroots Organisations (Kampung Chai Chee))
- 13:30 Memory Matters: Pharmacists' Role in Dementia Care
Ms. Lin Huimin (Geriatric Pharmacist, Changi General Hospital)
- 14:00 Lucky Draw (Round 2)

Partners by: NUS, Department of Pharmacy, National University of Singapore, Heartbeat@Bedok, PSSpharmacyweek.com

Supported by: 1doc+, HEARTBEAT@BEDOK

Sponsored by: Watson's, Tena, Unity, Badger Engineering

Dear PSS Members,

Warm greetings from the Pharmacy Week 2024 Organising Committee!

We are excited to share that our theme for this year's Pharmacy Week is "Just Ask! Know Your Medicines!", which aims to inspire informed action towards personal health through provision of knowledge and awareness about medicines and health related practices. In the month of September, we will have a series of activities in conjunction with the World's Pharmacy Day which falls on 25th September, so look out for our PSS social media (Instagram and Facebook) to participate and stand a chance to win a prize!

SAVE THE DATE for our annual Pharmacy Week health carnival!

Pharmacy Week health carnival will be happening on **29 September 2024 (Sunday)** at **HeartBeat @ Bedok**. The event will run from 10.00am to 2.30pm, with live talks, interactive games, free goodies bags and lucky draw to be won! Hope to see you there and don't forget to invite your friends and family too!

[CLICK HERE](#) or SCAN the QR code below to visit our website and register now!

Dr. Cassandra Chang & Mr. Tan Wei Xun
Co-Chairpersons of Pharmacy Week 2024
Pharmaceutical Society of Singapore



Interlacing Health: Weaving the Future of Pharmacy

Date: 5–6 October 2024

Venue: Grand Copthorne Waterfront Hotel, Singapore

Join us at the 33rd Singapore Pharmacy Congress!

The 33rd Singapore Pharmacy Congress brings to you:

- Six diverse pre-congress workshops and a thrilling hackathon
- Four unique tracks, encompassing value-based healthcare, technological advancements in healthcare, the latest developments in pharmacy practice, and building effective workforces
- The opportunity to connect with your peers and access the latest research findings

Dive into the latest trends and
advancements in pharmacy



REGISTER TODAY!

This 2-day event will highlight the multifaceted roles of pharmacists and emphasise their key involvement in forming transdisciplinary partnerships with healthcare professionals, industry partners, and the community. Don't miss out on keynote sessions and plenary lectures by renowned experts!

Non-PSS registrants from China and India are eligible for a 20% discount when registering as a group with 10 or more members.

KEYNOTE SPEAKER



Professor Tracey Thornley
*Professor of Health Policy, Faculty of Science,
University of Nottingham*

PLENARY SPEAKER



Associate Professor Camilla Wong
*Chief Pharmacist,
Ministry of Health, Singapore*

PLENARY SPEAKER



Professor Dean Ho
*Provost's Chair Professor
Head, Department of Biomedical Engineering
Director, The N.1 Institute for Health (N.1)
Director, The Institute for Digital Medicine (WisDM)
Department of Pharmacology,
Yong Loo Lin School of Medicine,
National University of Singapore*

PLENARY SPEAKER



Professor Nick Watts
*Director, Centre for Sustainable Medicine,
National University of Singapore*

Visit pharmacycongress.org.sg for more information

Organised By:



For queries, please contact:
Conference Secretariat: MIMS Pte Ltd



E: secretariat.spc@mims.com W: pharmacycongress.org.sg

Interlacing Health: Weaving the Future of Pharmacy

Date: 5–6 October 2024

Venue: Grand Copthorne Waterfront Hotel, Singapore

Pre-congress workshops: Separate registration now open!

Looking to enhance your professional skills? Choose from a variety of specialised workshops designed to empower and inspire pharmacy professionals – no full congress registration required.

PRE-CONGRESS WORKSHOP FEES

Non-PSS members: SGD 100 per workshop

PSS members: SGD 40 per workshop

[VIEW FULL WORKSHOP DETAILS HERE](#)

Pre-congress workshops*:



SMOKING CESSATION WORKSHOP: RISING FROM THE ASHES OF THE VAPING PANDEMIC

Date: 26 September 2024, 14:00–17:00 SGT

Venue: Kallang Polyclinic Conference Room

HOW TO SAY “NO” TO YOUR BOSS AND GET AWAY WITH IT

Date: 28 September 2024, 9:00–12:00 SGT

Venue: Outram Community Hospital Level 2 (beside Kopitiam) Function Room 1 & 2

PHARMACOKINETIC RECHARGE – UPSKILLING FOR PEAK PERFORMANCE

Date: 28 September 2024, 9:00–12:00 SGT

Venue: NUS Pharmacy Practice Skills Hub (S4 Level 2)

GERI 101 FOR PHARMACISTS

Date: 30 September 2024, 18:00–20:00 SGT

Venue: Seminar Room (Level 1), Geriatric Education & Research Institute (GERI), 2 Yishun Central 2 S768024

Rx RUMBLE: BUILDING PERSON-CENTRED MED STRATEGIES FOR OPTIMAL HEALTH OUTCOMES

Date: 4 October 2024, 9:00–13:00 SGT

Venue: Kallang Polyclinic Conference Room

REIMAGINING THE ROLE OF THE PHARMACY TECHNICIAN

Date: 1 October 2024, 17:30–20:30 SGT

Venue: NCC Building, NCCS Lecture Theatre, Level 1, 30 Hospital Boulevard, Singapore 168583

*Non-PSS members: SGD 100 per workshop. PSS members: SGD 40 per workshop.

Registration will close when available seats are filled.

[SAVE YOUR SEAT TODAY!](#)

Visit pharmacycongress.org.sg for more information.

Organised By:



For queries, please contact
Conference Secretariat: MIMS Pte Ltd



E: secretariat.spc@mims.com W: pharmacycongress.org.sg

PROFESSIONAL UPDATES

NATIONAL DAY AWARDS 2024

The National Day Awards are presented to individuals who have dedicated their service to the betterment of Singapore. We warmly congratulate our PSS members who were awarded these prestigious awards, on being recognised for their efforts in nation-building.

THE PUBLIC ADMINISTRATION MEDAL (BRONZE)

(Pingat Pentadbiran Awam) (Gangsa)

Awarded for outstanding efficiency, competence and industry

Ms Fatimah Bte Moideen Kutty

Ms Hooi Pik Yee

Ms Lim Hong Yee

Ms Lim Siew Woon

COMMENDATION MEDAL (Pingat Kepujian)

Awarded to person who has distinguished themselves through commendable performance and conduct, or significant efficiency, competence and devotion to duty

Ms Mabel Phng Mien Hui

EFFICIENCY MEDAL (Pingat Berkebolehan)

Awarded for exceptional efficiency or exceptional devotion to duty or work of special significance

Ms Constance Jeanne Teo Hui Ling

Dr Constance Neo Xue Rui

Ms Evon Kum Sin Yen

Ms Goh Sok Hiang

Dr Grace Chang Shu-Wen

Mr Louis Lim Kian Huat

Ms Shermaine Sue Si Mei

Mr Tan Jianming

LONG SERVICE MEDAL (Pingat Bakti Setia)

Awarded to person who is of irreproachable character and whom the President is satisfied has completed at least 25 years service

Ms Goh Chin Chin

Ms Koh Sei Keng

Ms Low Suat Fern

23RD ASIAN CONFERENCE ON CLINICAL PHARMACY (ACCP)

By Ms Lee Chiawli, Ms Lim Kae Shin, Dr Kevin Yap & Assoc Prof Doreen Tan

The 23rd Asian Conference on Clinical Pharmacy (ACCP) was held from 25 to 28 July 2024 at the Hong Kong Convention and Exhibition Centre. The conference facilitated the cross-sharing of healthcare management ideas, interprofessional collaborations and local practices from pharmacists hailing from the Greater Bay Area, Asia and even around the world. The Pharmaceutical Society of Singapore (PSS) was well represented by five distinguished delegates who actively engaged the conference delegates in insightful presentations and forums for networking opportunities and knowledge exchange.

ACCP 2024 was indeed a delightful eye-opener, providing valuable insights into how pharmacy practice and medication management has advanced in other countries. It had also given a glimpse of how frontiers are evolving with the undertaking of various exciting pharmacy-related projects to foster and inspire the drive towards better healthcare for our patients.



Our PSS representatives, together with the ACCP HK 2024 Organizing Chairperson, Professor Vivian Lee and the organizing team



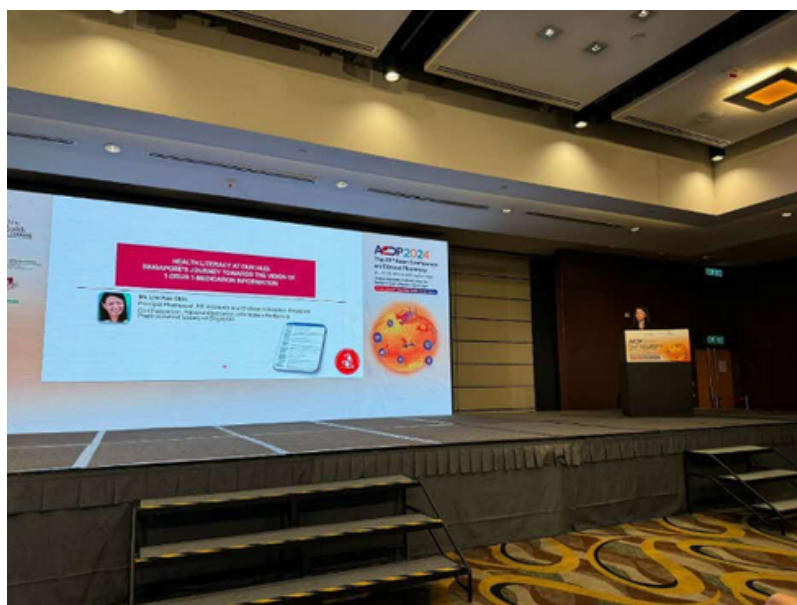
Ms Lee Chiawli sharing on Digitizing Healthcare Delivery in a Community Retail Workspace, showcasing our latest PSS Telepharmacy and Tele-Pharmaceutical Services Guidelines, the essential component and the latest updates in this guideline.



Associate Professor Doreen Tan presented on how pharmacogenomics is used in cardiovascular disease. She shared three interesting examples during the talk on how pharmacogenetic testing can provide healthcare providers with more assurance of the certainty to choose the medications and prescribe dosages that are the “best fit” for patients.



Associate Professor Kevin Yap presented on an immersive simulation game that was developed at the Singapore General Hospital to provide standardized practical training for sterile drug compounding. Known as the Virtual Aseptic Compounding (VAC) Programme, the game boasts of a blend of virtual and mixed reality, sensor-integrated 3D-printed equipment, and machine learning algorithms, to train learners in essential tasks, such as aseptic techniques, pharmaceutical calculations, operation of laminar air-flow cabinets (LAFB), and cleaning, sanitization, and disinfection procedures. Developed through funding and support by the innovPlus grant administered by the Institute of Adult Learning, an autonomous institute of Singapore University of Social Sciences, and PSS, his talk focused on the transformative potential of VAC for advanced pharmaceutical training for sterile drug compounding. Through a pilot study, he shared various insights into participants' perceptions and experiences with VAC regarding engagement, user-friendliness, and learning potential, as well as how VAC can enhance learners' knowledge and competence in aseptic compounding, ultimately improving patient safety.



Ms Lim Kae Shin presenting on Health Literacy at our HUB: Singapore's Journey towards the Vision of 1-Drug 1-Medication Information. She shared the PSS-National Medication Information Workgroup journey towards the vision and the achievements to-date. The medication information leaflets produced by the workgroup are recognized as a trusted source of information, generating more than 2 million views in 2023. They are widely searched by the public and are also used by the healthcare professionals for patient education.

One particular highlight from the conference was the Gala Dinner, which saw colourful cultural performances by representatives of the various countries and cultures. Our Singapore contingent performed a short skit on travelling 'Around Singapore in 15 minutes' to encourage the delegates from various countries to visit our beautiful country. From our appetite-whetting hawker food and Jumbo Seafood to our iconic Gardens by the Bay and Singapore Flyer, and "retail therapy" and Marina Bay Sands, our skit gained the interest of many delegates who had not visiting Singapore before, especially the younger generations of pharmacy delegates at the conference. More importantly, we received much acclaim from the ACCP Chairperson, Dr Vivian Lee, for the most innovative presentation! And of course, we ended with a warm invitation for our delegates to attend our upcoming 33rd Singapore Pharmacy Congress this coming October.



Our Singapore representatives doing a short skit on "Travel with Us!" with the intent of selling koyok about our coming Singapore Pharmacy Congress

ACCP 2024 was truly a unique and memorable experience! Besides meeting old friends and gaining new ones, we also got to learn about the pharmacy landscape and impressive practices of our Asia counterparts. What was remarkable was the speed at which our Asian counterparts have progressed. We encourage more pharmacists to attend ACCP 2025, which will be held in Bali, Indonesia, to gain valuable insights and inspiration to move ahead in your pharmacy career.

PSS TELEPHARMACY AND TELE-PHARMACEUTICAL CARE SERVICES GUIDELINES (REVISED 2024)

A revised version of the PSS Telepharmacy and Tele-Pharmaceutical Care Services Guidelines was published at the end of July 2024, featuring some exciting changes.

With the revision, Telepharmacy services can now be provided under two scenarios:

- Situation 1:** The patient calls a qualified pharmacist at a licensed pharmacy premises, with assistance from a trained staff member or pharmacy technician from another licensed pharmacy, to receive advice and medications.
- Situation 2:** The patient calls directly from their home to a qualified pharmacist at a licensed pharmacy premises to receive advice and medications.

Additionally, trained staff are no longer required to work for 3 months to learn telepharmacy; they can now undergo training at any time as long as they are deemed competent.

You may access the guidelines from PSS website as below:



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[Know Your Medicines](#)
[What's Happening](#)

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Know Your Medicines

Does ibuprofen make COVID-19 infection worse? What about my other pain? 布洛芬或其他非甾体抗炎药与新冠肺炎COVID-19?

The Take-Home Points: Until more information is available, paracetamol would still be the...

COVID-19 appropriate disinfectants use educational leaflet

Find out more on how to maintain good personal hygiene and keeping our environment...

Is the antimalarial agent Chloroquine effective for the treatment of COVID-19? 抗拒药氯喹对COVID-19的治疗有效吗?

The Take-Home Points: Antimalarials like chloroquine and hydroxychloroquine are currently being...

Membership Renewal

Calling all PSS members: Have you renewed

Guidelines

Home > Store > Online Resources > Guidelines

Pharmaceutical Society of Singapore

EMPIRIC ANTIBIOTIC GUIDELINES FOR NURSING HOMES IN SINGAPORE

Empiric Antibiotic Guidelines for Nursing Homes in Singapore

Bundled Name: PSS Guidelines

Price: S\$50.00

Member Price: S\$0.00

Add to cart

Pharmaceutical Society of Singapore

Good Pharmacy Practice Guide

Good Pharmacy Practice Guide

Bundled Name: PSS Guidelines

Price: S\$50.00

Member Price: S\$0.00

Add to cart

Pharmaceutical Society of Singapore

Guidelines for Telepharmacy & Tele-Pharmaceutical Care Services (Revised in 2024)

Guidelines for Telepharmacy and Tele-Pharmaceutical Care Services (Revised in 2024)

Bundled Name: PSS Guidelines

Price: S\$50.00

Member Price: S\$0.00

Add to cart

This is where you can find the guidelines!

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HOW TO MAKE A PSS MEDIA & COMMUNICATIONS COMMITTEE MEMBER

Ingredients

Fresh Ideas	50%
Media Savvy	40%
Fun	110%

Served with:

A sprinkle of skills
A flair for communication
A dash of impact



**Join the Pharmaceutical Society of Singapore
Media & Communications Committee**
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An initiative under the PSS Media & Communications Committee - Editorial Team

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